



The Rainbow Connection

Volume 11 ~ Issue 7

July 2015

The Faith of Our Forefathers

Jeff Bender, Community Lay Director

On July the Fourth, we gather our families and watch our local fireworks displays. As many may know those fireworks are based upon the imagery of the Star Spangled Banner's "rockets red glare and bombs bursting in air" written by Francis Scott Key. He wrote the song based on his witness of the bombardment of Fort McHenry in Baltimore on September 13-14, 1814. The commander of Fort McHenry was Major George Armstead. Major Armstead was one of five brothers that fought in the War of 1812. One of his brothers was Walker Keith Armstead who graduated from West Point in 1803 and rose to the position of Chief Engineer of the U.S. Army Corps of Engineers.

Walker Armstead had a son who was CSA General Lewis Addison Armstead. General Armstead was mortally wounded on July 3, 1863 while he led his brigade to the only penetration of the Union line on Cemetery Ridge during the famous Pickett's Charge at the Battle of Gettysburg. His best friends, John Reynolds and Winfield Hancock were generals on the Union side during the battle. Reynolds died on the first day of the battle and Hancock was seriously wounded while leading his Corps in defense of Cemetery Ridge against Pickett's Division that contained Armstead's brigade. They served together in California before the war, and at their parting Lewis prayed that "God would strike me dead if I ever raised my hand against Winnie (Hancock)." Lewis, like his troops, who would march a mile shoulder-to-shoulder into cannon and rifle fire, had complete faith in God. The night before the charge against his old friend, Winnie, Lewis gave his personal belongings to his friend and Corps commander James Longstreet because he knew he would not survive the charge.

I have often been asked, "Why did they march into cannon and rifle fire, shoulder-to-shoulder knowing their likely fate?" One answer is that the military tactics of the time had not caught-up with the technology of rifled guns and cannons. However, the answer at the individual level is that they had faith in God, and that God appointed their time on earth, not a cannon or rifle pointed by a fellow human being. In other words their life, or death, is in God's time and according to God's plan no matter the circumstances. They, also, had faith that their progeny, us, would carry that faith forward as we fulfilled the potential of God's gift of "life, liberty, and the pursuit of happiness."



May we remember this in our minds and our hearts on the Fourth of July, and every day, as we serve as the hands and feet of God.

De Colores,

Jeff Bender

Emmaus Family Picnic

Barb Harkless, Community Newsletter

This is a reminder that our Annual Emmaus Picnic is Saturday, July 25th at Lake Hope State Park. We will start congregating at noon with meal time to start at 1:00 sharp. We will be sharing communion together along with some Emmaus music and songs. Bring your favorite covered dish and/or dessert, a chair or two, and, if you would like, bring some corn hole or other outside activity to share. This is a family event, so bring your kids, grandkids, etc. Paper products, such as plates, napkins, utensils will be provided.

Sure hope to see many of you there; and, let us all be in prayer for nice weather, safe travels and a wonderful day filled with blessings and great fellowship.

De Colores,
Barb

Free Self Defense Classes For Women

By Chris Stone, Emmaus Member

Truefit Athletics offers **free** Krav Maga self defense classes for women. The classes are called "Free to Fight Back". These are held on the last Saturday of each month except for in November and December. The classes are from 11:00 AM to 1:00 PM. There is absolutely **no charge** to any woman for these classes. **A woman could attend every free class offered throughout the year if she really wanted to hone her defensive skills.**

You will learn how to get out of different choke holds, how to get someone off of you if you go to ground, how to properly throw a devastating punch, how to kick, throw an elbow strike, etc. You will be taught by seasoned Krav Maga instructors. You will be working hands on with other women who will also be taking the class.



You will need to dress in comfortable workout clothes. You will need to bring a water bottle with you to class. You will sweat and you will get out of breath. **The skills that you will learn in this class could very well save your life someday.**

Krav Maga means “close combat” in Hebrew. It is a very simple system that is very easy to remember but is extremely effective. Krav Maga does not rely on physical strength or size as it can be used by anyone. It relies on technique, training, practice and aggression. Any girl/woman from age 8 on up can take these free classes.

Truefit Athletics is located at 702 S. Ewing Street at the corner of Ewing and Duffy Road.

De Colores,
Chris Stone

Romans 10:13 “For whoever calls on the name of the Lord shall be saved.”

Satellite Gatherings

Lancaster Area

****NO Gatherings for the months of July and August; will resume in September.****

The Lancaster area holds their monthly gatherings on the 2nd Tuesday of every month at 7:00 pm. They meet at the Sixth Avenue United Methodist Church at 1004 West Sixth Avenue, Lancaster, Oh. For more details or information please contact Donna Dickson at 740-687-1791 or ddickson9@columbus.rr.com.

Rio Grande Area

****NO Gatherings for the months of July and August; will resume in September.****

The Rio Grande satellite gatherings have moved to Grace United Methodist Church in Gallipolis at 6:30 on the fourth Thursday of the month. For more details and information please contact Rick Howell via phone 740-446-4624.



Upcoming Schedule of Events

Gatherings at The Plains United Methodist Church:

3 North Plains Road
The Plains, Ohio 45780
(740) 797-4163

All gatherings at 3:00 with Board meeting at 2:00

Dates for monthly gatherings:

August 30th
September 27th
October 25th

Emmaus Family Picnic

July 25, 2015 @ 12:00 @ Lake Hope

Dates for Fall Walks #59:

Women's – September 17-20
Debbie Brookins, LD

Men's – October 22-25
Jeff Bender, LD

Sponsorship Forms, Applications, Newsletters and Additional Information Available at:
www.southernohioemmaus.com

NOT RECEIVING NEWSLETTER?

Please update your information if it has changed in the past year. Send to
rbharkless@yahoo.com

Just A Thought.....

“True friendship multiplies the good in life and divides its evils. Strive to have friends, for life without friends is like life on a desert island... to find one real friend in a lifetime is good fortune; to keep him is a blessing. ”

— Baltasar Gracian



2015 Southern Ohio Emmaus Board of Directors

This is the current contact list of our Board of Directors. Keep this list so you can contact the board with questions concerns, and ideas. Please keep the board in your prayers as they serve the Lord and our community.

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| <p><u>Spiritual Director</u> Ricci Arthur 395 Mae St Logan, Oh 43138 740-385-4127 pastorric@aol.com</p> | <p><u>Newsletter</u> Barb Harkless (2015) PO Box 52 Haydenville, Oh 43127 740-385-4359 rbharkless@yahoo.com</p> | <p>Note: Each board member's name is followed by the year their term ends</p> <p>Updated: January 1, 2015</p> |
| <p><u>Asst. Spiritual Director</u> Karen Crawford 60 Pomeroy Rd. Athens, Oh 45701 740-593-8541 pastorkaren@richlandumc.org</p> | <p><u>Agape</u> Suzette Shuster (2017) 622 Eastern Avenue New Lexington, Oh 43764 740-621-6754 suznlf@gmail.com</p> | <p><u>Logistics</u> Steve Rinehart (2016) 33324 Knox Rd. Logan, Oh 43138 740-380-6850 ritapeanutrinehart@yahoo.com</p> |
| <p><u>Board Chairperson</u> Jeff Bender (2015) 4500 Coonpath Rd. NE Lancaster, Oh 43130 740-215-1791 bendej1@gmail.com</p> | <p><u>Outreach</u> Chuck Shuster (2017) 622 Eastern Avenue New Lexington, Oh 43764 740-621-6753 cshusternlpd@gmail.com</p> | <p><u>Social</u> Sarah Zinn (2017) 512 Madison Avenue McArthur, Oh 45651 740-596-3263 zinns01@gmail.com</p> |
| <p><u>Vice Chairperson</u> Penny Canter 505 N Pleasant Street New Lexington, Oh 43764 740-605-1835 pennycanter@hotmail.com</p> | <p><u>Women's Registrar</u> Kim Russell-Reed (2015) 12804 Twp. Rd. 1001, NE, Crooksville, Oh 43731 740-808-7081 k12russell@yahoo.com</p> | <p><u>Supplies</u> Jeff Cupp (2016) 200 Norwood Avenue, Apt. A3 Logan, Oh 43138 740-603-2081 jeff-cupp@hotmail.com</p> |
| <p><u>Treasurer</u> Alice Moneypenny (2016) 1450 Ginder Rd. NW Lancaster, Oh 43130 740-756-9148 buckeyept@columbus.rr.com</p> | <p><u>Men's Registrar</u> Rita Rinehart (2016) 33324 Knox Rd. Logan, Oh 43138 740-380-6850 ritapeanutrinehart@yahoo.com</p> | <p><u>Worship</u> Emma Hockenberry (2015) 7280 Gregg Rd. West Jefferson, Oh 43162 614-843-1919 emma19marie@yahoo.com</p> |
| <p><u>Secretary</u> Debbie Brookins (2016) 44 Columbia Road Albany, Oh 45710 740-698-6818 brookins.debbie@yahoo.com</p> | <p><u>Sponsorship</u> Bill Butterworth (2017) 525 SR 143 Albany, Oh 45710 740-856-0771 butterworthw@yahoo.com</p> | <p><u>Music</u> Tom West (2015) 9727 Old Rushville Rd., Rushville, Oh 43150 740-569-7342 jatbwest@yahoo.com</p> |
| <p><u>Good Shepherd</u> April Butterworth (2017) 525 SR 143 Albany, Oh 45710 740-856-0772 aprilbutterworth@yahoo.com</p> | <p><u>Literature</u> Lena Bruno (2016) P.O. Box 87 Haydenville, Oh 43127 740-974-2612 lena_bruno@yahoo.com</p> | <p>Being the hands and feet for Jesus Christ as we serve!</p> |

Southern Ohio Emmaus

**c/o Barb Harkless
P.O. Box 52
Haydenville, Ohio 43127**

RETURN SERVICE REQUESTED